

CLINICAL SPECIFICATIONS

SORGHUM

Antigen Made From:

Packaged Sorghum flour

Associated With:

 Allergy¹
 Asthma¹

Known Cross-Reactions: Corn/Maize,^{2,3} Millet,⁴ *Neurospora crassa* (a bread mold),⁵ Triiodothyronine (T3)⁶

Clinical Significance:

The presence of antibodies to Sorghum is an indication of food immune reactivity. The offending food and its known cross-reactive foods should be eliminated from the diet. Sorghum flour, although difficult to process, is becoming a popular alternative flour to use in gluten-free baking. A study on the effects of Sorghum in celiac patients showed that the flour was not antigenic.⁷ If a recently diagnosed gluten-reactive patient results with high levels of antibodies against Sorghum, it is most likely due to the late introduction of the food to the patient's diet, rather than a gluten-associated reaction.

References:

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4. Parameswaran and Thayumanavan. Isolation and characterization of a 20 kD prolamin from kodo millet (*Paspalum scrobiculatum* (L.): homology with other millets and cereals. Plant Foods Human Nutr, 1997; 50:359-373.
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