

## **CLINICAL SPECIFICATIONS**

## **MILK BUTYROPHILIN**

Antigen Made From:	Associated With:
Milk Butyrophilin purchased from an antigen supplier	Multiple sclerosis <sup>1</sup> Sjögren's syndrome <sup>2</sup> Systemic lupus erythematosus <sup>2</sup>

Known Cross-Reactions: Myelin oligodendrocyte glycoprotein,<sup>1,3</sup> Gliadin,<sup>4</sup> Insulin<sup>8</sup>

## **Clinical Significance:**

The presence of antibodies to Milk Butyrophilin is an indication of food immune reactivity. The offending food and its known cross-reactive foods should be eliminated from the diet. Milk Butyrophilin has a far reaching effect on the body. It can stimulate antigen-specific immune responses in both gut-associated lymphoid tissue (GALT) and peripheral immune organs,<sup>5</sup> and it exacerbates central nervous system inflammation.<sup>1,3,6,7</sup> Milk Butyrophilin shares a similar homology to myelin and has been shown to degrade myelin tissues through molecular mimicry and cross-reactivity.<sup>1,2</sup> Patients exhibiting neurological disorders should therefore abstain from consuming milk products.

## **References:**

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- 4. Vojdani and Tarash. Cross-reaction between gliadin and different food and tissue antigens, Food Nutri Sci, 2013; 4:20-32.
- 5. Kennel De March et al. Anti-myelin oligodendrocyte gloycoprotein B-cell responses in multiple sclerosis. J Neuroimmunol, 2003; 135(1-2):117-125.
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- 8. Kharrazian, et al. Detection of islet cell immune reactivity with low glycemic index foods: is this a concern for type 1 diabetes. J Diabetes Res, 2017; 2017:4124967.