

CLINICAL SPECIFICATIONS

CORN

Antigen Made From:

Whole Corn kernel

Associated With:

Allergy/hypersensitivity^{1,2}

Anaphylaxis²

Celiac disease^{3,4}

Crohn's disease³

Ulcerative colitis³

Known Cross-Reactions: Gliadin,⁵ Potato,⁶ Rice,⁷ Soybean,⁷ Millet,⁸ Glutamic Acid Decarboxylase-65,⁹ Triiodothyronine (T3)¹⁰

Clinical Significance:

The presence of antibodies to Corn is an indication of food immune reactivity. The offending food and its known cross-reactive foods should be eliminated from the diet. Adverse reactions to Corn have been reported.^{1,2,3,4} Corn gluten activates mucosal neutrophils and eosinophils, which enhance mucosal nitric oxide produce and thus exacerbates the gastrointestinal inflammatory conditions found in Celiac disease⁴ and other inflammatory bowel disorders.

References:

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4. Pastorello et al. A lipid transfer protein involved in occupational sensitization to spelt. J Allergy Clin Immunol, 2001; 108(1):145-146.
5. Scibilia et al. Maize food allergy: a double-blind placebo-controlled study. Clin Exp Immunol, 2008; 38(12):1943-1949.
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9. Kharrazian, et al. Detection of islet cell immune reactivity with low glycemic index foods: is this a concern for type 1 diabetes? J Diabetes Res, 2017; 2017:4124967.
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