

## CLINICAL SPECIFICATIONS

# AMYLOID-BETA PEPTIDE

### Function:

Amyloid-Beta (A $\beta$ ) is a protein fragment from an amyloid precursor protein. As part of the innate immune system, amyloid-beta, in the presence of a microbial infection, becomes oligomerized in order to protect the brain against pathogens such as bacteria, enveloped viruses, fungi and parasites. Its function has not been fully elucidated; however, some potential roles for A $\beta$  have been discussed, such as activation of kinase enzymes, protection against oxidative stress, regulation of cholesterol transport, and anti-microbial activity.

### Associated With:

Alzheimer's disease mild cognitive impairment<sup>1,2</sup>  
Alzheimer's disease<sup>3</sup>

**Known Cross-Reactions:** Tau Protein, Presenilin, Rabaptin-5, Aquaporin-4,  $\alpha$ -Synuclein, S100-B;<sup>4</sup> *Campylobacter jejuni* CDTs, *Streptococcus sanguinis*, *Enterococcus*, Influenza A+B, Rabies and Human papillomavirus;<sup>5,6</sup> Egg Yolk, Lentil lectin, Pea lectin, canned Tuna, Hazelnut vicilin, Cashew vicilin, Scallops, Squid, Caseins, Alpha-Gliadin, Gliadin Toxic Peptide, Non-Gluten Wheat Proteins (globulins and amylase)<sup>7</sup>

### Clinical Significance:

In a healthy brain, Amyloid-Beta (A $\beta$ ) protein fragments are broken down and eliminated. A $\beta$  peptide can be called into action as an immune protection against pathogens and thus, in patients with chronic infections, A $\beta$  peptide can accumulate in the brain.<sup>8</sup> If the patient's body cannot break down and eliminate the A $\beta$ , and the A $\beta$  has entered the brain, plaques may form. In Alzheimer's disease (AD), the fragments accumulate to form hard, insoluble plaques. Elevated A $\beta$  peptide antibody production would be expected in response to A $\beta$  accumulation, which can be due to deficient clearance mechanisms and/or increased formation of A $\beta$  peptides.<sup>3</sup> Compared to controls, the AD group showed a correlation between increase in age and higher levels of A $\beta$  IgG in serum. The elevated serum autoantibodies correlated with the A $\beta$  presence in cerebral spinal fluid.<sup>3</sup> High levels of IgG can also be due to the exposure of toxic chemicals that form new antigens which resemble mis-folded Amyloid-Beta. Admittedly, as reviewed in Dorothée,<sup>9</sup> in typical patients with AD, A $\beta$  serum antibody levels may be decreased, increased or unchanged compared to healthy controls. Variations in study results can be due to a variety of reasons. It is important to note that A $\beta$  produced by the gut microbiome has been shown to cross the blood-brain barrier, possibly via specialized receptor-mediated transcytosis, and enter the central nervous system.<sup>10</sup>

### References:

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