

CLINICAL SPECIFICATIONS

MICROBIAL TRANSGLUTAMINASE

Function:

Microbial transglutaminase (mTG), also known as thrombain, is a product added to a powder used in the food manufacturing industry to adhere smaller pieces of food together to make a decorative effect or give food a pleasing texture.^{1,2} It is also used to thicken some milks, yogurts and egg whites.

Associated With:

Microbial transglutaminase immune reactivity
Celiac disease³

Known Cross-Reactions: A β ₄₂ peptide;⁴ Gliadin-Transglutaminase Complex;³ transglutaminase-2, -3 and -6⁵

Clinical Significance:

Microbial transglutaminase (mTG) is an enzyme that is produced by a very special mold. As a biological glue, it is added to many products, including meat, in order to give the food a decorative and pleasing texture. The combination of mTG with other foods can significantly alter the native food protein,⁸ making the food more antigenic to a person who may not react to the native food protein. It has been shown in celiac patients that, like tissue transglutaminase-2, mTG can deamidate gliadin.³ Microbial transglutaminase may play a role in the integrity of the blood-brain barrier (BBB) that may arise from reactivity with mTG or cross-reactivity between enteric neuronal antigens. As a result, autoantibodies to these transglutaminases may play a role in BBB breakdown and AD neuropathology.⁴ mTG antibodies were found in 24% of patients with Alzheimer's disease.⁴ These circulating antibodies can contribute to amyloidogenesis, if there is a disruption of the BBB. Furthermore, using anti-A β ₄₂ peptide antibody, Vojdani and Vojdani showed reaction from these antibodies with tTG2, tTG3, and particularly mTG.⁴ Therefore, removal of mTG from the diet of patients with AD is recommended in order to reduce the level of these cross-reactive antibodies and their reaction with neurons.

References:

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2. Foghani et al. Effects of microbial transglutaminase on physicochemical properties, electrophoretic patterns and sensory attributes of veggie burger. *J Food Sci Technol*, 2017; 54(8):2203-2213.
3. Matthias et al. The industrial food additive, microbial transglutaminase, mimics tissue transglutaminase and is immunogenic in celiac disease patients. *Autoimmun Rev*, 2016; 15(12):1111-1119.
4. Vojdani and Vojdani. Amyloid-beta 1-42 cross-reactive antibody prevalent in human sera may contribute to intraneuronal deposition of A-beta-P-42. *Int J Alzheimers Dis*, 2018; 2018:1672568.
5. Lerner and Matthias. "Microbial transglutaminase is a potential environmental inducer of celiac disease," in *Autoantigens, Autoantibodies, Autoimmunity*, Vol. 10, eds K. Conrad, E. K. L. Chan, L. E. C. Andrade, G. Steiner, G. J. M. Pruijn, and Y. Shoenfeld (Lengerich: Pabst Science Publishers), 2015:227-233.
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CLINICAL SPECIFICATIONS

TRANSGLUTAMINASE-3

Function:

Transglutaminases are a family of enzymes. They form protein polymers, like scaffolding, which are vital in the formation of barriers and stabilizing structures. Tissue Transglutaminase-3 (tTG3) is expressed mainly in the epidermis, and to a lesser extent in the placenta and the brain.¹ In the epidermis tTG3 plays a role in the formation of cell envelope barrier structures and in the hair follicle tTG3 helps in the hardening of the inner root sheath.^{1,2}

Associated With:

Celiac disease³
 Dermatitis herpetiformis^{1,4}
 Esophageal cancer⁵
 Gluten sensitivity⁴
 Huntington's disease⁶

Known Cross-Reactions: Transglutaminase-2^{4,6} and -6;⁷ microbial transglutaminase⁸

Clinical Significance:

Transglutaminase is an enzyme that is expressed in the epidermis, placenta, and the brain.¹ It is activated by oxidative stress, during which inflammatory cytokine production increases, specifically tumor necrosis factor-alpha and interferon-gamma.^{1,4,6} Tissue Transglutaminase-3 (tTG3) has been shown to be up-regulated in a variety of degenerative diseases.^{1,6} Patients with Huntington's disease have been shown to have elevated antibody levels to Transglutaminase-1, -2 and -3.⁶ Transglutaminase-3 may play a role in the integrity of the BBB that may arise from reactivity with microbial transglutaminase (mTG) or cross-reactivity between enteric neuronal antigens. The production of antibodies against tTG3 indicates that barrier structures may not be stable. As a result, autoantibodies to these transglutaminases may play a role in BBB breakdown and Alzheimer's disease (AD) neuropathology.⁹ Antibodies against tTG3 were found in 31% of patients with AD.⁹ Furthermore, using anti-A β ₄₂ peptide antibody, Vojdani and Vojdani showed reaction from these antibodies with tTG2, tTG3, and particularly mTG.⁹ Therefore, removal of mTG from the diet of patients with AD is recommended in order to reduce the level of these cross-reactive antibodies and their reaction with neurons.

References:

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9. Vojdani and Vojdani. Amyloid-beta 1-42 cross-reactive antibody prevalent in human sera may contribute to intraneuronal deposition of A-beta-P-42. *Int J Alzheimers Dis*, 2018; 2018:1672568.

CLINICAL SPECIFICATIONS

TRANSGLUTAMINASE-6

Function:

Transglutaminases are a family of enzymes. They form protein polymers, like scaffolding, which are vital in the formation of barriers and stabilizing structures. Tissue Transglutaminase-6 (tTG6) is expressed in neural tissue.¹ The tTG6 enzyme is not commonly expressed in the small intestine but can be found in mucosal antigen-presenting cells.¹

Associated With:

Celiac disease and NCGS¹
 Cerebral Palsy²
 Gluten Ataxia^{1,3}
 Gluten Ataxia with Enteropathy¹
 Idiopathic sporadic ataxia¹
 Peripheral Neuropathy^{1,3}

Known Cross-Reactions: Transglutaminase-2 and -3;¹ microbial transglutaminase⁴

Clinical Significance:

Transglutaminase-6 is an enzyme that is expressed in the neural tissue. It is activated by oxidative stress, during which inflammatory cytokine production increases, specifically tumor necrosis factor-alpha and interferon-gamma.⁵ Researchers speculate that autoimmunity against tTG6 may result from early brain damage and associated inflammation.² Patients with high levels of antibodies against tTG6 are suspected of having autoimmunity against neuronal tissue. Neuronal clinical conditions may manifest as Cerebral Palsy,² Gluten Ataxia^{1,3} or Peripheral Neuropathy.³ Antibodies may appear in serum before the clinical onset of symptoms. Patients with positive antibodies to tTG6 should be assessed for increased intestinal permeability or "leaky gut." Transglutaminase-6 may play a role in the integrity of the BBB that may arise from reactivity with mTG or cross-reactivity between enteric neuronal antigens. As a result, autoantibodies to these transglutaminases may play a role in BBB breakdown and AD neuropathology.⁶ Furthermore, using anti-A β ₄₂ peptide antibody, Vojdani and Vojdani showed reaction from these antibodies with tTG2, tTG3, and particularly mTG.⁶ Therefore, removal of mTG from the diet of patients with AD is recommended in order to reduce the level of these cross-reactive antibodies and their reaction with neurons.

References:

1. Hadjivassiliou et al. Autoantibodies in gluten ataxia recognize a novel neuronal transglutaminase. *Ann Neurol*, 2008; 64(3):332-343.
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6. Vojdani and Vojdani. Amyloid-beta 1-42 cross-reactive antibody prevalent in human sera may contribute to intraneuronal deposition of A-beta-P-42. *Int J Alzheimers Dis*, 2018; 2018:1672568.