

## CLINICAL SPECIFICATIONS

# NEUROFILAMENTS PROTEIN

### Function:

Neurofilaments (NTs) are protein polymers. Along with microtubules and microfilaments, NTs form the neuronal cytoskeleton. Their primary function is to provide structural support for axons and to regulate axon diameter, which influences nerve conduction velocity.

### Associated With:

Alzheimer's disease<sup>1,2</sup>  
 Vascular dementia<sup>3</sup>  
 Creutzfeldt-Jakob disease<sup>4</sup>  
 Multiple sclerosis<sup>5</sup>, reviewed in 6  
 Sporadic amyotrophic lateral sclerosis<sup>reviewed in 6</sup>  
 Optic neuritis<sup>reviewed in 6</sup>  
 Gullaine-Barré syndrome<sup>reviewed in 6</sup>  
 Chronic peripheral neuropathy<sup>reviewed in 6</sup>  
 Neurophychiatric systemic lupus erythematosus<sup>reviewed in 6</sup>

**Known Cross-Reactions:** Cytoskeleton from fibroblasts, cytoskeleton from human hepatocellular carcinoma cell lines Hep3B<sup>7</sup>

### Clinical Significance:

Neurofilaments provide structural support for the axon and influence nerve conduction velocity. Antibodies against heavy neurofilaments are detected in patients with Alzheimer's disease (AD).<sup>1-3</sup> The presence of Neurofilament (NT) antibodies indicates a disruption in the blood-brain barrier, which puts the brain at greater risk for neurological disorders.<sup>3</sup> NTs may be used to monitor ongoing axonal injury and neurodegeneration.<sup>4</sup> Researchers report varying results on NT antibodies, however, this is due to the different peptides of NTs used in the test. Soussan et al.<sup>8</sup> conducted one such study in healthy subjects, patients with Alzheimer's disease (AD) and patients with multi-infarct dementia. They found higher antibody levels in older (aged 70-79) healthy subjects than younger (aged 40-59) healthy subjects, while NT antibodies were significantly higher in AD than in healthy controls and patients with multi-infarct dementia. A debate also ensues in multiple sclerosis (MS). Some studies conclude that antibodies to NT reflect axonal damage, and are higher in relapsing MS patients compared to MS patients in remission, and might be useful in monitoring the progression of secondary progressive MS.<sup>reviewed in 9</sup> Using anti-A $\beta$ <sub>42</sub> peptide antibody, Vojdani and Vojdani showed positive reaction between this antibody and neurofilament proteins.<sup>10</sup> Therefore, identifying the triggers that are responsible for the production of these cross-reactive antibodies may be important for the prevention of AD.

### References:

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