

CLINICAL SPECIFICATIONS

CAMPYLOBACTER JEJUNI CDT A + B

| Function: | Associated With: |
|---|--|
| <i>Campylobacter jejuni</i> (<i>C. jejuni</i>) cytolethal distending toxin (CDT) subunits | Irritable bowels ¹ |
| A and B are endotoxins released by the gut pathogen. Non-pathogenic | D-IBS ¹ |
| CdtA is utilized by pathogenic CdtB to infiltrate intestinal epithelial | SIBO ^{1,2} |
| cells. Inside the cell, CdtB contributes to cytoskeletal damage, which | Gut dysbiosis ¹ |
| may induce apoptosis (cell death). CdtB is the first bacterial toxin | Chronic functional bowel changes ² |
| known to act in the nucleus of a target cell. | Macrophage, T- and B-cell dysfunction ³ |

Known Cross-Reactions: Aβ₄₂ peptide;⁴ Deoxyribonuclease-1 (DNase-1);⁵ Interstitial cells of Cajal, Enteric neurons⁶

Clinical Significance:

C. jejuni is a member of the bacteria group that participates in diseases involving the disruption of a mucosal or epithelial layer. *C. jejuni* has been shown to promote inflammation by the induction of inflammatory cytokines such as interleukin-8 (IL-8), which promotes increased intestinal permeability.^{reviewed in 7} Additionally, *C. jejuni* CDT damages the intestinal barrier by causing epithelial cell apoptosis.^{reviewed in 7} With the barrier broken, *C. jejuni* CDTs find their way to the submucosa, regional lymph nodes, and into the circulation, where the immune system responds by producing antibodies against them. These antibodies along with the release of inflammatory cytokines put the blood-brain barrier at risk of damage.⁴ Once the BBB is broken, circulating autoantigens can enter the brain and nervous system, triggering neuroautoimmune reactivity.⁸ Due to the reactivity of A β_{42} peptide antibody with *E. coli, Salmonella*, and in particular with *C. jejuni* CdtB, patients with circulating antibodies to *C. jejuni* CDT may be at a greater risk for Alzheimer's disease and other neurological disorders.⁴

References:

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